

**THE UNIVERSITY OF THE STATE OF NEW YORK**  
**THE STATE EDUCATION DEPARTMENT**  
**STATE BOARD FOR MASSAGE THERAPY**  
September 16, 2022

**Public Locations:** Albany, New York City, Rochester, Syracuse

**Present:** Kyle Hierholzer  
Dale Montelione-Grust, Chair  
Michele Naumann Carlstrom, Vice-Chair  
Linda Toomey  
Amy E. Warcup

**Absent:** Kiersten Fisher  
Paul Pipia

<b>Staff:</b>	Dolores Cottrell	Acting Executive Secretary
	Carolyn Ferrick	Professional Examination Unit
	Diane Martin	Board Staff
	Paul Thompson	Executive Secretary
	Mary Wilson	Professional Examination Unit

**Meeting Convened**

The meeting was called to order at 10:11 a.m. by Dr. Cottrell.

**Minutes**

Motion: To approve minutes of the May 6, 2022, board meeting, with a correction to note the minutes approved at that meeting were for the December 10, 2021, board meeting—Dale Montelione-Grust

Second: Kyle Hierholzer

Vote: Unanimous approval

Resolved: The minutes of the May 6, 2022, meeting are approved as corrected.

**Announcements and Updates**

- Dr. Cottrell noted the appointment of Paul Thompson as Executive Secretary to the State Boards for Massage Therapy, Applied Behavior Analysis, and Respiratory Therapy, effective September 15. Mr. Thompson introduced himself, and the Board thanked Dr. Cottrell for her service and steady guidance in the Acting role.
- Dr. Cottrell announced Karen Shier has joined the Board Office as Administrative Assistant, taking the position Paula Johnson previously held.
- Dr. Cottrell asked board members to assist with identifying potential physician members of the board, as Dr. Pipia completes his second term in December. The board is also in need of a public member.

## **Discussion**

Dr. Cottrell asked for the Board's insight on topics from recent inquiries to the Board office:

- The use of noninvasive light therapy (example: "Celluma") must be consistent with the scope of massage therapy practice. Former Board Executive Secretary Dr. Kathleen Doyle had previously provided guidance that the medical use of such therapies would extend beyond the scope of massage therapy; it would not be within the scope of massage therapy to represent such therapies as a cure.
- The use of "shock wave" technology (such as acoustic pulses) is believed to be beyond the scope of massage therapy.
- There appears to be no inherent issue with rendering massage therapy via hammock/aerial means, provided the licensed practitioner stays within the profession's scope of practice and is competent in the therapy.
- Dr. Cottrell noted previous discussions with the New York Council of Massage Therapy Educators; she advised the Council to work through its advocates if it wishes to modify the profession's scope of practice. Mr. Thompson noted that he plans to attend the upcoming annual meeting of the Council, along with Department colleagues.
- Board Member Toomey stated that she would be attending the upcoming annual meeting of the Federation of State Massage Therapy Boards.

## **Election of Chair and Vice Chair**

- Moved Dale Montelione-Grust, seconded Amy Warcup, and unanimously approved: Michele Naumann Carlstrom elected as Board Chair (2 years).
- Moved Dale Montelione-Grust, seconded Linda Toomey, and unanimously approved: Kyle Hierholzer as Board Vice Chair.

The Board and Department staff congratulated the new officers and thanked Dale Montelione-Grust, outgoing Chair.

## **Executive Session**

Motion: To end the public session and enter executive session to discuss the August 2022 NYS Massage Therapy examination and that MBLEx examination. Michele Naumann Carlstrom

Second: Amy Warcup

Vote: Unanimous approval

## **Adjournment**

Motion: Dale Montelione-Grust

Second: Linda Toomey

Vote: Unanimous

Resolved: That the meeting be adjourned at 12:00 noon.